ACTIVITY 2

HARMONY HELPERS: THE GREAT NEGOTIATION CHALLENGE

SKILL/S COVERED: Conflict management
APPROXIMATE TIME NEEDED: 50 minutes
AGE GROUP: 13-14 years old

BRIEF INTRODUCTION
This activity is designed to teach students the art of negotiation and compromise in conflict resolution. Through interactive games and exercises, students will learn how to listen actively, understand different perspectives, and find mutually acceptable solutions to conflicts.

AUTHOR OF THE TOOL/EXERCISE WITH REFERENCING LINK
Original activity created by “Prof. Ivan Apostolov” high school.

GOAL
To enhance students’ conflict resolution skills by practicing negotiation and compromise in a supportive and fun environment.

NUMBER OF PARTICIPANTS
Suitable for the whole class; students work in pairs or small groups.

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NECESSARY MATERIALS

- Scenario cards with conflict situations
- Negotiation cards with possible solutions
- Timer or stopwatch
- Small rewards or tokens (optional)

DETAILED DESCRIPTION

INSTRUCTIONS

1. Introduction to Negotiation and Compromise:
   - Begin by explaining the concepts of negotiation and compromise in conflict resolution.
   - Discuss why these skills are important and how they can help resolve conflicts peacefully.
2. Preparation Phase:
   - Divide students into pairs or small groups.
   - Provide each group with a scenario card describing a conflict situation. Examples:
     - Two students want to use the same computer during free time.
     - Friends disagree about what game to play at recess.
     - A student feels left out because their friends are making plans without them.
3. Negotiation Exercise:
   - Give each group a set of negotiation cards with different possible solutions to the conflict. Encourage students to come up with additional solutions if they can.
   - Allow groups 10-15 minutes to discuss the scenario and negotiate a solution that all parties can agree on.
   - Groups should write down their agreed-upon solution and be prepared to explain how they reached it.
4. Presentation and Discussion:
   - Each group presents their scenario and negotiated a solution to the class.
   - After each presentation, facilitate a discussion with the following questions:
     - How did you feel during the negotiation process?
     - What strategies helped you reach a compromise?
     - Were there any challenges you faced during the negotiation?
     - How can these negotiation skills help you in real-life situations?

DEBRIEFING QUESTIONS

Conclude the activity with a group discussion:

1. What did you learn about negotiation and compromise?
2. How can understanding different perspectives help in resolving conflicts?
3. What are some ways you can practice these skills in your daily life?

OTHER USEFUL INFORMATION

- Encourage students to listen actively and respect each other's viewpoints during the negotiations.
- Remind students that finding a compromise often means that everyone gives up something to reach a fair solution.
- Consider giving small rewards or tokens to groups for successful negotiations to motivate and engage students.
- This activity helps students develop critical conflict resolution skills through hands-on practice and encourages them to find win-win solutions in a supportive and structured setting.

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